

# **Dr. Robert Anthony's Million-Dollar Secret That Can Change Your Life**

## **Lesson 5**

Welcome back!

Now it's getting exciting! It's time for the Million Dollar Secret That Can Change Your Life!

So let's continue....

We learned in the last lesson that we are magnetic human beings that we are made of vibrating energy and that energy is attracting other people, circumstances and conditions into our lives.

If that is true (and I can assure you that it is) then how can we use this information to change our lives for the better? It's very simple. If we could learn how to change our personal magnets, (for lack of a better term!), then all we have to do is to CHOOSE what we want to magnetize into our lives.

Once we learn how to do that, we are free forever from anything or anyone determining the outcome of our life. That brings us to The Million Dollar Secret That Can Change Your Life.

I won't keep you in suspense any longer. The Million Dollar Secret That Can Change Your Life is this -

**To Create Anything We Desire, All We Have To Do Is Change Our Vibrational Frequency To Match What We Want To Create In Our Lives**

Please read that again.

Let's explore this further. You see, just WANTING something and even BELIEVING you can have it on a CONSCIOUS level is not enough. The reason we don't have what we want is because we have negative energy systems within us that have been running our lives for years.

These energy systems are so deeply ingrained into our subconscious that we have no idea that they are even there. So, we have good intentions, we are positive, we try to live a good life, but we keep getting whacked in the head at every turn!

At times it seems like everything and everyone is against us. It's as though we are alone against the world. And so our life becomes one of surviving rather than living. Does this describe anyone you know?

Since we are magnets that attract what we focus on, the only way we can truly live the life we desire is by uncovering those thoughts that are working AGAINST us instead of FOR us.

Why is this so important?

Because it is those thoughts that determine what we CAN and CANNOT attract and experience in our lives. It is our “opposing” thoughts that keep our magnetic point of attraction, or our vibrational energy, going in the WRONG direction.

Once you understand the Million Dollar Secret That Can Change Your Life, it's easy to see why positive thinking doesn't work. You can be as positive as you want, but if your UNCONSCIOUS or SUBCONSCIOUS magnetic point of attraction is going in the OPPOSITE direction, you will continue to attract more of what you DON'T want, even though you are a “good” person and a positive thinker.

This also answers the question why bad things happen to good people. Think about it! You can be a “good” person, but if your vibrational energy is going in the wrong direction on a subconscious or unconscious level, then you will experience the “bad” things that you don't want.

It is important to understand that it is not our thinking that creates our circumstances, but the emotion that is attached to our thoughts. The universe responds to the feeling and emotion of our thoughts - not the thoughts themselves. This is what activates the energy and produces the things we experience in our lives.

Therefore, we must make sure that we are conscious of the energy we are sending out and adjust or correct that energy in the moment it occurs so it doesn't leave our energy system and unconsciously create what we don't want.

You see, you cannot BREAK universal law. Energy will always find it's vibrational match.

Let's use a practical example and apply this to a subject that most of us are interested in - MONEY. I am sure no matter how much money you have, you would like MORE of it, RIGHT? But take a look at how you are actually vibrating or the energy you are sending out about money.

Perhaps you are saying, "I want more money". That's fine, but at a deep subconscious or unconscious level you may have a powerful energy system that is saying:

"I would love to be rich, but there is no way I'm ever going to become wealthy."

Or...

"I would love to be rich, but I'll settle for just paying my bills."

Or...

"I would love to be rich, but I don't DESERVE to have more money than my family."

Or...

"The only way I will ever have money is to win the lottery."

If these or similar thoughts are your subconscious belief, what do you suppose is going to happen? It's very simple. You are saying one thing - "I want to have more money" but at the same time, you are sending out energy that is in direct opposition to what you want. The end result is you don't have what you want.

The problem is that those opposing beliefs, which are all individual energy systems, need to be modified in such a way that your conscious mind is in alignment with what is going on at a subconscious level. Because once you align both your conscious and subconscious, there is literally NO LIMIT to what you can be, do, or have.

And here is some more good news. You don't have to "work hard" or struggle to get what you want. That is just another belief system. If you believe it's a "dog eat dog world" and you have to work hard and struggle to get what you want, guess what? You probably guessed it. If you BELIEVE it, you will LIVE it.

What I want to tell you is that any difficulties you are experiencing will change as quickly as you can change the negative or opposing energy systems that keeps attracting the results you are experiencing right now.

You see, the Universe that we live in is unlimited. The only thing that is limited is our beliefs and our energy systems. The Universe (creative process) doesn't care whether you accept poverty or unlimited riches, happy relationships or toxic relationships, sickness or health, success or failure. The choice is up to you because it can deliver more than you can possibly imagine.

That's why I say it is unlimited. The universe does not judge whether you can have something or not, it simply RESPONDS to your energy. For example, if you are sending out a vibration of desperation, such as "I desperately need this", what do you suppose you are going to attract? More desperation! You keep pushing what you want further and further away from you.

The greatest gift that our Creator has given us is that we can make a CONSCIOUS decision to create what we desire. The problem is most people are creating by DEFAULT. In other words, they are creating unconsciously, not knowing how they get what they get and blaming people, circumstances and conditions outside of themselves for what they don't have.

And of course, from the outside looking in, it looks like things are "happening" to them, rather than them being the cause of their current circumstances and conditions.

You don't have to live this way. All you have to do is change your vibrational frequency to match what you want. This is The Million Dollar Secret That Can Change Your Life.

Let me repeat it again.

**To Create Anything We Desire, All We Have To Do Is "Change" Our Vibrational Frequency To "Match" What We Want To Create In Our Lives.**

Don't be fooled by the simplicity of this secret. It is the key to magnetizing and attracting EVERYTHING in your life!

Next time I'm going to put it all together for you. But for now, think about how YOU can use the Million Dollar Secret That Can Change Your Life.

Please take time to read this over again, and have a great and prosperous day . . .

Your partner in success,

A handwritten signature in black ink, appearing to read "Robert Anthony". The signature is written in a cursive style with a horizontal line underneath.

Dr. Robert Anthony

[www.Robert-Anthony-Online.com/Secret](http://www.Robert-Anthony-Online.com/Secret)

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